



TALKING ITALIAN

If you love simple, yet flavourful food, serve these classics at your next get-together

ZABAGLIONE

(Serves 3-4)

CHILLED

5 egg yolks

FRESH

250g seasonal fruit salad or mixed berries

STORE CUPBOARD

20ml castor sugar

- 5ml cornflour
- 25ml dry sherry or masala
- 125ml sweet dessert wine
- boudoir sponge fingers or biscotti

SOUTH AFRICAN
GARDEN AND HOME