



LOVE IS *in the air*

This elegant menu will provide you with all the inspiration you need for a romantic celebration

SEARED ASPARAGUS WITH RICOTTA CHEESE AND TOASTED NUT TOPPING

(Serves 2)

CHILLED

- 60g ricotta or feta cheese

FRESH

- 150g fresh green asparagus spears
- 30ml parsley
- 5ml lemon

STORE CUPBOARD

- 15ml olive oil
- salt and milled black pepper
- 30ml mixed nuts and seeds

SOUTH AFRICAN
AND
GARDEN HOME