



THE GOOD LIFE

These simple fresh dishes will add a healthy twist to summer entertaining

CHIA COCONUT CREAMS WITH GRANADILLA COULIS

(Serves 4)

CHILLED

- 150g full cream plain yoghurt

FRESH

- 125g fresh berries
- 10ml finely grated lime zest
- 15ml finely grated orange zest
- 45ml orange juice
- 80ml water

STORE CUPBOARD

- 1 x 410g coconut milk
- 15–30ml castor sugar
- 125g chia seeds
- 60g sugar
- 80g granadilla pulp
- 3ml ground cinnamon